

TENTATIVE – Competition Schedule

(update as of 12/13/07) (print date 12/15/07)

WEDNESDAY, April 2

Region 1 Board Meeting 3:00pm-5:00pm
Technical Meeting 8:00pm-9:00pm (all coaches)
Open training at Venue 4:00pm-8:00pm

THURSDAY, April 3

Session 1- Level 6 (8-9, 10-11)

Open Stretch 7:30am
 Timed WU (10) 8:00am
 March in 9:00am
 Competition **9:15am**
 Awards 11:30am

Session 2- Level 10 (14-15)

Open Stretch 11:15am
 March in 11:45am
Comp (13min 1 touch) 12:00pm
 Awards 4:30pm

Session 3- Level 10 (16-18)

Open Stretch 4:15pm
 March in 4:45pm
Comp (14min 1 touch) 5:05pm
 Awards 9:50pm

FRIDAY, April 4 (no timed warm-ups for this day)

Session 4- Level 7 (10-11)

Open Stretch 7:45am
 March in 8:15am
Comp (15min 1 touch) 8:30am
 Awards 12:15pm

Session 5- Level 9 (12-13)

Open Stretch 12:00pm
 March in 12:30pm
Comp (15min 1 touch) 12:45pm
 Awards 5:00pm

Session 6- Level 8 (12,13),(14,15),(16+) Level 9 (14+)

Open Stretch 4:45pm
 March in 5:15pm
Comp (12min 1 touch) 5:30pm
 Awards 9:50pm

SATURDAY, APRIL 5

Regional Team Clinic (at Arena)
 9:00am- 12:00pm

Session 7- Level 5,6,7(12+)

Open Stretch 12:00pm
 March in 12:30pm
Comp (13min 1 touch) 12:45pm
 Awards 4:20pm

Session 8- EVENT FINALS

L7(10,11), L8(12-14), L9(12,13)
L8(15+), L9(14+), L10(14,15)
L10(16-18)

Open Stretch 5:00pm
 March in (service awards) 5:35pm
 Competition **6:00pm**
 Awards 8:40pm

Region 1 General Meeting 9:00pm

SUNDAY, April 6

Session 9- Level 5 (7,8)

Open Stretch 8:00am
 Timed WU (9) 8:30am
 March in 9:25am
 Competition 9:40am
 Awards 11:35am

Session 10- Level 5 (9)

Open Stretch 11:30am
 Timed WU (9) 12:00pm
 March in 12:55pm
 Competition **1:10pm**
 Awards 3:05pm

Session 11- Level 5 (10)-(11)

Open Stretch 3:00pm
 Timed WU (11) 3:30pm
 March in 4:35pm
 Competition **4:50pm**
 Awards 7:20pm

7:20pm Tear Down – ALL help is appreciated!

Regional Team Clinic – the top ten Level 9's; top ten Level 10's (14-15); and top ten Level 10's (16-18), **MUST** attend the Clinic (Saturday morning) to be a part of the Region 1 Team.

Modified Capitol Cup – Levels 7-10 will be competing modified capitol cup this year. Immediately following the open stretch, they will march in and start the competition. They will then warm-up one event and compete that event, and then warm-up another event and so on.